Sofía Medina has developed an eclectic activity both as a Concert Soloist and Chamber Musician, as well as in the field of historical performance.

Sofía completed her undergraduate degree at the Royal College of Music with distinction and is currently completing her second year of Masters in Performance in the same institution. Her professors are Dina Parakhina (piano) and Robert Woolley (harpsichord) and her studies are generously supported by the "Michael Redman" scholarship.

She has obtained numerous academic recognitions (multiple Honors and distinctions), as well as various awards (First Prize Veguellina de Órbigo Competition, Honorable Mention in the "Musikae Forum", Second Prize and Honorable Mention in the "Hazen" Competition, among others).

In 2019, she was awarded the "Juventudes Musicales de Madrid" scholarship/prize, a prestigious award handed by her Majesty the Queen Sofía of Spain at the Auditorio Nacional de Música of Spain in the National Auditorium of Spain.

Showing great capabilities from an early age, she started her immersion in the music world at the age of 3, beginning her musical studies at age 5. In 2007, she enrolled in the Conservatory "Padre Antonio Soler" in San Lorenzo de El Escorial, Madrid, studying under Anatoli Povzoun and Lydia Rendón. In 2011, she continued her studies with the same professors at the "Padre Antonio Soler Integrated Music Center", where she graduated with the highest distinctions in both piano and chamber music.

As a soloist Sofía has performed in many venues and concert halls in Spain as well as internationally, at the Central School of Music in Moscow, at London's Steinway Hall and Cadogan Hall.

In 2016 she was selected to perform Schumann piano concerto op.54 with the "Orquesta de Cámara Padre Antonio Soler" conducted by Maestro Giuseppe Mancini. Recently she played again the same concerto this time with "JOL Orchestra" with Carmen Más under the baton, in the Auditorium Ciudad de León.

Sofía has been invited to play Tchaikovsky's piano Concerto in October 2022 with "Orbis Orchestra" in Madrid.

As a Chamber Musician Sofía formed a Piano Trio from 2013 to 2016 with the violinist and cellist Andreu and Jorge Gènova Roldán. Together they explored a wide range of repertoire for this formation and obtained Second Prize in the "Juventudes Musicales de Ávila Chamber Competition".

In 2016 Sofía formed a duo with the violist Ana Dunne Sequi with whom she has received numerous master-classes. Together they have given recitals at the Austrian embassy in London and at the Amaryliis Concert Hall, participating in the RCM string festival on several occasions and they expect a series of concerts in Spain to be booked in 2022.

From 2017 to 2020, she collaborated with the pianist Tolga Atalay Üna as a 4-hand duo, with whom she has had several concerts in various London venues. Together they participated in the RCM piano festival on numerous occassions and were invited to participate in the privileged series of RCM concerts at Cadogan Hall.

Since 2019 she has been part of the "Cometa" piano quartet, with whom she has participated in several concerts and masterclasses. They have also been selected to perform in future Chamber Music Festivals in France. This year Sofía has also frequently participated with the "Occam" quartet, with whom she has been invited to perform with in the prestigious RCM chamber music festival.

Masterclasses from international professors include - Galina Eguiazarova, Denis Lossev, Yuri Zhislin, Mari Tampere, Collin Stone, Anatoli Povzoun, Tillman Krämer, Claudio Astronio, Carole Cerasi, Miguel Ituarte, Sasha Musikantau, Kathryn Cok, Nathan Braude, Norma Fisher, Ian Jones, Dina Parakhina, Thomas Zehetmair, Ruth Killius, Dmitri Alexeev, Bruno Aprea, Joaquín Soriano, Jean Rondeau, Vladimir Ovchinnikov, and Vladimir Tropp.

Sofía's musical interest in historical performance has led her to study harpsichord at the Royal College of Music with Professor Robert Woolley, as well as to participate in fortepiano seminars with Geoffrey Govier. In this field she has performed multiple times in masterclasses and festivals and most recently has been invited to play at the "Broadwood" exhibition. There Sofía had the opportunity to play and perform on different clavichords, in order to introduce these brand new instruments made by the prestigious firm. Sofía has joined Talent Unlimited in 2022.